St Mary's Catholic College Gateshead

BE SAFE, BE A LEARNER, BE RESPECTFUL

Newsletter 7.24 Friday 10 May 2024



Principal's Message

As we journey together in the pursuit of knowledge, growth, and service, I reflect on the core values and principles that distinguish a Catholic education from its secular counterpart. Our education is centred on the teachings of Jesus Christ and enriched through the legacy of the Josephite sisters. We value positive relationships which evoke a strong sense of belonging but hold high expectations of our students in behaviour, and application to their studies. Ultimately, we strive to develop our young adults to leave St Mary's ready to embrace the challenges and make a positive difference in the world.

Whilst the media measure school success on academic achievement such as NAPLAN results or the number of band 6 results attained by a HSC graduating class, we acknowledge that this is just one measure of achievement. Far more important to student success is student growth, one which unfortunately the media turn their eye from. What dispositional skills and what cognitive skills do they develop? Dispositional habits learned through our own Catholic identity and learning and wellbeing framework are fundamental to a person's character. These include, but are not limited to, compassion and empathy, resilience and perseverance, courage and advocacy, integrity and ethical leadership, collaboration, communication, creativity, a growth mindset, and self-management. Additionally, we acknowledge for our young adults to thrive in a rapidly changing world they need cognitive skills beginning with literacy and numeracy and extending into critical thinking, problem solving, digital and information literacy, creativity, collaboration, and metacognition.

Reliant upon student holistic growth are the strong positive relationships between the College, parents, and students, and for each to hold strong understandings of their own moral responsibilities to make this happen.

Students are overwhelmingly the greatest influence on their own achievement. Their responsibility begins by turning up to school every day on time and being connected to their peers and teachers. They are encouraged to keep a healthy work life balance and keep everything in perspective. Be aspirational in pursuit of excellence and avoid too many commitments outside of school which can impact on their learning and their long-term pursuit of their dreams.

Parents are the primary educator of their child and their support and encouragement make a significant impact on their child's growth. They take a vested interest in all they do and ensure they arrive at school on time every day. Parents support a positive learning environment at home and help them keep their sense of perspective and balance. Parents support the College in their endeavours to support their child in their holistic development. Whilst there may be times of disagreement, parents and the College operate in a spirit of partnership, knowing that collectively we have the mutual interests of their child at heart.

Continued

Teachers are the skilled and caring adults who know their students and how they learn. They are companions in each child's education and provide regular quality and consistent student feedback to improve. They provide a climate of care and compassion whilst maintaining high expectations for every learner. They are receptive to feedback so that they may also improve as learners.

Parent and Carer Engagement Evening

Following from last terms successful Parent Forum and the feedback received, we will be hosting a **Parent Forum on Monday 27 May** commencing at 5.45pm with tea/coffee and concluding at 7.00pm. The event will be held in the College Cafe and all parents and carers are warmly welcome.

To maximise parent/carer engagement and offer this to some who cannot make the event in person we will trial a hybrid model where we will have a mix of those who are present in person and some who will access this evening online. A link will be sent to the community closer to the date via Compass so you will have access to the evening.

The purpose of these evenings is to offer a forum where parents may learn about what is happening at St Mary's and offer opportunity for your questions and answers. Members of the College Senior Leadership Team will be present to give parents an update and it will include a keynote speaker from our community who will present a specific educative item of interest that arises from parent feedback.

This evening is an alternative model to a Parents and Friends Association, which some may be more familiar with. The aim of the forum is to maximise parent/carer engagement with the College. There is no requirement to be on a sub-committee and two parent representatives are nominated to support the forum and be a communicative body between the school and the parents. Parent forums will be held once per term from 5.45pm - 7.00pm.

Finally, as we celebrate Mother's Day, we extend our warmest wishes to all the mothers, grandmothers, and mother figures in our midst. Your love, sacrifice, and unconditional support are the cornerstones of our families and our community. Whether you are guiding us with gentle words of wisdom, offering a comforting embrace, or simply being a source of strength, your influence is profound. Today, we honour and cherish you, not just for the countless ways you enrich our lives, but for the boundless love you selflessly give every day.

Kind Regards,

Brett Donohoe Principal



Acting Assistant Principal - Learning & Teaching



9th May 2024

Dear Parents and Caregivers,

Year 12 Mid-Course Academic Report

St Mary's Catholic College presents your child's Year 12 Mid-Course Academic Report.

The process of reporting and providing meaningful feedback to students and parents is an integral part of teaching and learning. Reporting opportunities provide information both formally and informally about the process of student learning and achievement. A critical part of reporting is the marking and feedback given to students for their assessment tasks. Please note that students have received a <u>mark and feedback</u> from their teachers for each completed assessment task.

In this report, you will receive the following information:

- Personal Attributes including days absent in Semester One, Punctuality, Uniform and Commitment to the College Mantra
- Approaches to Learning in being a safe, respectful learner
- Course Learning Profiles where each profile details knowledge or skills contained within the course. Profiles are
 rated on the following scale: Extensive, Thorough, Sound, Basic, Elementary
- Course Rank which is the accumulated rank (position in the course at St Mary's Catholic College) based on the completed assessment tasks.
- Percentage of Course Assessed indicating the percentage of course work formally assessed at the time of this
 report.
- Teacher Comment providing information about the student's achievements and progress, as well as advice on areas for improvement.
- Vocational Education and Training (VET). Students studying a VET Course will receive a report for the course containing Employability Skills, Framework Course Competencies and Work Placement Hours.
- Life Skills. Students studying a Life Skills Course will receive a report for that course containing the outcomes assessed in the course. Outcomes are rated on the following scale: Achieved, Achieved with Support or Not Achieved.

Integral to the reporting and assessment feedback process is the **Parent-Student-Teacher Conferences**. This is an opportunity for you and your child to speak with their teachers about their progress and the strategies they might consider using for continued improvement.

Parent-Student-Teacher Conferences can be *booked via the Compass App*. Bookings will open at 10am on Monday 13 May 2024. The interviews will be held in the **College Library** on <u>Monday 20th May 2024 from 3.45 pm to 7.25</u> <u>pm</u>.

Yours sincerely,

Belinda Flood Assistant Principal (Acting) – Learning & Teaching

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Brett Donohoe Principal



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STUDENT ACHIEVEMENT

We honour and celebrate one of our senior History students, Niamh Francisco, who, with unwavering support of her History teacher Ms Karenna Andrews, has applied for the 2024 Premier's Anzac Memorial Scholarship.

We implore you to read Niamh's 1000-word essay- a requirement of the application process. Many hours of research, editing, conversations and great passion for authentic and accurate historical accounts, went into producing this piece. We wish Niamh all the very best for the scholarship process and we thank her committed teacher, Ms Andrews, for many additional hours of work in assisting Niamh.

PAMS Submission- - Niamh Francisco. 1058 words

Coming from a long line of Australian, English, and Irish veterans has certainly shaped my life for the better. I am the daughter, granddaughter, and great-granddaughter of men who fought in battles from Africa to the Pacific. The stories told to me by those whom I love and admire illustrate vividly the best of humanity against a backdrop of extreme cruelty. Sacrifice and endurance are inherent to my family's story, but this essay is not about me, it is a tale of the bravery of both servicemen and servicewomen who too often give their lives to protect and defend the country they call home. The essence of the Australian spirit is to never give in and to fight long after others have 'thrown in the towel,' an example that perfectly portrays this value is that of Royal Australian Navy Ordinary Seaman Edward 'Teddy' Sheean and the events that took place aboard the HMAS Armidale in 1942.

In a crew of 149, an 'Extra-Ordinary Seaman' shone amongst them, immortalised in the profoundly emotive song – 'Teddy Sheean - Forever 18' by Australian singer-songwriter Lee Kernaghan. The song recounts how Sheean, at only 18, met his death on the battlefront in WWII, his actions have been commemorated in song, art, and literature.

Growing up in rural Tasmania, the youngest of eleven, he undertook work as a farm hand while completing his catholic education, before enlisting in the Australian Royal Naval Reserve in 1941. In February 1942, he was sent to Flinders Naval Depot in Victoria to continue his training and in May of that year was dispatched to Sydney where he served aboard the ferry Kuttabul. This was infamously torpedoed and sunk by Japanese mini submarines only weeks after his arrival, with the loss of 21 lives. Sheean was unharmed, as he was on leave at the time of the attack, and on his return was posted aboard the HMAS Armidale.

As the youngest mariner on board, he was tasked to one of the three Oerlikon-Anti-Aircraft Gun crews as a loader, a difficult job – to keep the guns loaded and firing at a constant steady rate. The Armidale's commission was as an armed escort along Australia's Eastern coast and waters off New Guinea.

On December 1st, 1942, enroute to Betano (Timor) with 149 men on board, a squadron of Japanese aircraft attacked the ships of the convoy, the HMAS Armidale, Kuru, and Castlemaine. The latter were ordered back to Darwin and safe harbour, the Armidale became separated from the pack during the attack and was ordered to continue on its original course, the ship and crew now alone.

In the early afternoon of the same day, 9 Japanese Mitsubishi G4M bombers, 3 fighter planes, and a float plane released a barrage of bombs, torpedoes, and strafing raids against the Armidale. The ship was fatally hit, within minutes it began to sink, the order was given to abandon ship.

Sheean along with fellow Seaman Ted Pellet began releasing the emergency motorboats, Pellet escaped to the lifeboat while others were forced to jump overboard... Sheean did not, observing the Japanese fighter planes firing at his helpless mates struggling in the water, he made a selfless decision and took action to protect his shipmates.

In an incredible display of courage, Teddy ignored the pleas of his crew to join them in the lifeboat and rushed to the now-lifting stern of the Armidale, which in a titanic-like display had risen out of the water in the ship's last death climb. Under constant enemy fire, Sheean was shot in the chest and legs. Despite the immense challenge, he managed to reach his Oerlikon, strapped himself to the gun, he began firing at the Japanese aircraft - successfully shooting down an enemy plane and damaging others.

Unable – or perhaps unwilling to release himself from the strap of his gun, the tracer rounds of Teddy's bullets could be seen firing until the very end as the Armidale slipped under the waves.

Teddy went down with his ship.

Wireman William Lambshed, not only a comrade but also a friend of Teddy's recounted his heroic actions as 'One of the bravest things that could be recorded...Teddy Sheean will always be a hero to me.'

His courageous sacrifice saved the lives of 49 men.

On December 1st, 2022, 78 years after his death, Teddy Sheean was posthumously awarded the Victoria Cross, awarded for the greatest acts of bravery and sacrifice in wartime. Finally, Teddy was officially recognised for his valiant efforts after years of campaigning by family, friends, historians, and politicians.

Teddy is now rightfully recognised as an ANZAC hero.

He sacrificed his life for his comrades and his country, which for me is undoubtedly the most courageous wartime act by an Australian teenager I have ever heard of. His actions illustrate to me why we must honour our veterans and learn from their experiences. His sacrifice resonates with me particularly as I am 17, only a year younger than Teddy was when he lost his life, as countless other Australians have done throughout both combat and peacekeeping campaigns.

Australian peacekeeping efforts are ongoing and long-term demonstrating our country's commitment to peace such as the operations undertaken on the small island of Cyprus. For nearly 60 years our forces aided in preventing civil war, exemplifying true Australian perseverance, mirroring the determination of Teddy. His act of sacrifice is a fundamental virtue that I live my life by, 'putting others before yourself.' Teddy's sense of duty and servitude to our home at such a youthful age serves as a powerful example of resilience and selflessness. When we learn about ANZACs, we honour their valour and contributions for our country, highlighting the human side of war ensuring their legacies are preserved for generations.

Teddy's actions epitomize the selflessness, bravery and unyielding perseverance that characterises the ANZAC legacy crafted across generations, inspiring us to embody these noble qualities in our lives.

We must commemorate service by carrying forward the enduring spirit of ANZAC into our collective future. Sheean is my role model; he has inspired me to lead a resilient and impactful life.

While Teddy's story is more than admirable, we can only hope that his actions will prevent from similar stories being written in the future, as in war, no matter what you win, it will not be comparable to the lives lost.

Assistant Principal – Wellbeing and Engagement

As part of our focus on school effectiveness, St Marys Catholic College Gateshead will be participating in an online survey for students – Tell Them From Me[®] (TTFM[®]). The survey will provide us with valuable feedback on what our students think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the *Tell Them From Me* survey to help them improve.

During weeks 4-7, all students will be given the opportunity and time to participate in this survey during regular school hours. Students who agree to complete the survey will be given a random username and password to access and complete the survey online. Students' names cannot be linked to their responses which allows it to be completely anonymous. Results will show all student scores combined together – it is not possible to single out individual students in the results.

The survey takes approximately 15-20 minutes to complete. The survey measures include such topics as emotional and social well-being, physical health, and behaviours and attitudes linked to student success. The survey also allows students to give their thoughts and feedback in open-ended question responses.

Participation in the survey is entirely voluntary. Your child will not take part if either you or your child do not wish to. If, during the survey, your child is uncomfortable answering any question, he/she should leave it blank and move on to the next one. Your child can stop the survey at any time.

If you <u>do not want</u> your child to take part in the survey, please complete the attached form and return it to your child's school by Friday 17th May 2024. If you would like more information, please contact Mr Benjamin Frize AP Wellbeing & Engagement.

Ben Frize Assistant Principal – Wellbeing and Engagement

A SPECIAL REPORT: Celebrating Mother's Day

Mother's Day originated from humble beginnings in 1908 as a simple tradition to honour all mothers, living and deceased. However, it did not take long for florists, confectioners and card companies to jump onboard and commercialise the day, much to the disappointment of its founder, Ann Jarvis.



Today, Mother's Day is an annual reminder to say thanks to our mum, or other motherly figure, who plays an important role in our lives. It is a day to express our gratitude and love towards the women who have dedicated their time, energy, and love to raise and support us. Whether it's a simple gesture like a card, a bunch of flowers, or a heartfelt message, Mother's Day is an opportunity to show our mothers how much we cherish and admire them. It's a time to reflect on the love, sacrifices, and unwavering support that our mothers provide unconditionally.

Mothers will often put the needs of others above their own, so it is paramount to remind them to take care of themselves, especially when it comes to their mental health. Research has shown that women experience some mental health conditions more so than men and at much higher rates. There are many factors that can impact a woman's wellbeing physically and emotionally. Seeking effective treatment can enable her to engage more readily in everyday activities and fulfil the needs of her children and family.

This Special Report highlights that Mother's Day is not only a celebration, but also a reminder of the vital role mothers play in the developmental growth of her children and the impact this has on shaping our society. We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to your special report: <u>https://gatesheadsm.catholic.schooltv.me/wellbeing_news/celebrating-mothers-day</u>

eSafety parent webinar

Wellbeing and digital technologies



Join the eSafety Commissioner's expert education and training team for a FREE live webinar

LUNCH AND LEARN!

Thursday 23 May from 12.30pm – 1pm

This Term 2 webinar is designed for parents and carers of young people in secondary school

This 30-minute webinar provides an overview of strategies to protect, respond to and support your child online. This webinar will focus on the digital skills to protect and support young people's mental health and wellbeing online. Suitable for parents and carers of young people in secondary school.



CLICK TO REGISTER FOR THE WEBINAR:

https://register.gotowebinar.com/register/1215418181488532309

eSafetyCommissioner ccsp.catholic.edu.au

esafety.gov.au

Leader of Wellbeing and Engagement – Year 12

Year 12 Retreat

Last week Year 12 participated in their Retreat at the Benedict XVI Retreat Centre at the foot of the Blue Mountains. We were blessed with mostly fine weather, which enabled both the indoor and outdoor activities to proceed as planned.

Feedback from students has been overwhelmingly positive. They enjoyed our guest presenters, as well as the activities offered in small and large group settings. Students were challenged to engage in the experiences offered with an open mind and an open heart, and they responded magnificently, which enhanced the Retreat for all.



In the busyness of the HSC, it was important to take time out and reflect on life's journey and dig deeper into the question of "who am I?". I trust that the time taken to reflect will have a positive impact in the days, weeks, and months ahead. Finally, a massive thank you to all attendees, with a special mention of staff, who generously gave their time to ensure that the Retreat was a resounding success.

Gerard Cushan Leader of Wellbeing & Engagement – Year 12



COGAT

On Tuesday 14th May students in Year 7 will participate in the Cognitive Abilities Test (CogAT). This test evaluates students' reasoning abilities in three key areas essential for success in school:

- 1. **Verbal Battery:** Assesses students' ability to reason with words and concepts, crucial for reading comprehension, critical thinking, writing, and verbal learning tasks.
- 2. **Quantitative Battery:** Measures students' ability to reason with quantitative symbols and concepts, which are vital for problem-solving in mathematics and other disciplines.
- 3. **Nonverbal Battery:** Evaluates students' ability to reason with geometric shapes and figures, requiring them to implement strategies for solving novel problems.

These batteries provide a comprehensive view of each student's learned reasoning abilities, identifying both strengths and areas for improvement. CogAT aims to support differentiated practice in education by helping teachers adapt instruction to meet the unique needs and abilities of each student.

It is important to note that CogAT scores are not integrated into report grades or other conventional measures of school achievement. The focus is on tailoring instruction and fostering a supportive, inclusive learning environment based on each child's ability.

All three batteries will be tested on the same day. Short breaks will be scheduled. Students might choose to take some additional snacks (eg. a muesli bar) to have during the break to keep their brains fuelled. The canteen will not be available during these short breaks but will operate as usual for Lunch and Recess.

If you have any concerns or questions about your child's academic progress or specific educational needs, please schedule a meeting with your child's teacher. They will discuss your child's strengths and areas for growth based on various assessments. Additionally, you can contact our Gifted Education Mentor (GEM) Louise Henderson (louise.henderson@mn.catholic.edu.au), or Education Officer - Gifted Education, Maree Karaka (maree.karaka@mn.catholic.edu.au) for further assistance.

Thank you for your continued support in ensuring the best educational outcomes for our students.

Kind regards

Louise Henderson Gifted Education Mentor

A COMMUNITY THANK YOU!

Thank you to our parent community for purchasing your children's shoes from the Athlete's Foot. For each pair of shoes bought, the store donates \$5.00 to St Mary's. We were delighted to receive a cheque for \$115.00 which helps to purchase valuable school resources such as books and stationery.

Thank you!



STUDENT ACHIEVEMENT

On April 17-21, Year 10 student, Kaitlin Rees, competed in the Aussies in Maroochydore on the Sunshine Coast of Queensland. This remarkable athlete achieved the following results:

1st u/17 Female Ironwomen 1st u/17 Female Board Race 2nd u/17 Female Beach Sprint Relay 3rd u/17 Female Taplin Relay

Congratulations Kaitlin for all your wonderful achievements in your sport. You are a fantastic ambassador for your club, school and state. We cannot wait to see what's next for you!



ANZAC CEREMONY

Thank you, St Mary's, for a wonderful ANZAC Commemorative Service which took place on Wednesday 1 May 2024. It was a privilege to gather as a community for such an important occasion. Congratulations to our Student Pastoral Council for their outstanding organisation and leadership throughout of the service. Your initiative and dedication shone brightly.

A heartfelt thank you also to our Year 11 music students and their teachers Ms McCrae and Ms Weekes for their moving performances of 'I Was Only 19', 'The Australian National Anthem', and 'I Am, You Are, We Are Australian'. As the final song played, the touching gesture of students placing poppies on the sacred space was a poignant reminder of the values the ANZACs stood for—courage, comradeship, and compassion.

Let us all strive to honour the ANZAC legacy by embodying these virtues in our daily lives, fostering kindness and standing firm against injustice.

Photos: Georgia Hogan - Media Team



Landcare

Would you like to learn a little more about conservation issues?

Presented by Hunter Innovation & Science Hub Inc - Legends of Borneo: Birute' Galdikas 50-year orangutan odyssey and showing at the Civic Theatre, Newcastle:

Dr Birute' Galdikas, the extraordinary researcher from the jungles of Borneo, is gracing Newcastle with her presence! Join us as we welcome this living legend, who alongside Jane Goodall and Dian Fossey forms one of Louis Leakey's iconic Trimates.

With over 50 years of groundbreaking research on orangutan biology, Dr Galdikas has been instrumental in saving these majestic creatures from extinction. She's not just a scientist, she's a symbol of inspiration for women in science everywhere Don't miss this rare opportunity to hear from Dr Galdikas herself and learn about her incredible journey in orangutan conservation.

Let's come together to celebrate and learn from this living legend.

Running time 65mins Suitable for all ages. Under 24 months free on the knee. Please click the following link for further details: <u>https://civictheatrenewcastle.com.au/what-s-on/all-shows/orangutans-a-conservation-legacy</u>



"You too may want to take on challenges to save vital species like orangutans. Know that your road won't be easy, and the fight will be hard, but the reward – help save animals, habitats, and the earth itself – will always be worth the battle."

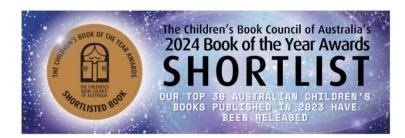
B Galdikas

Library Matters

May the Force be with you! Earlier this week we celebrated one of the most popular science fiction stories of our time – The Star Wars! In our annual event students enjoyed the chance to show their trivia knowledge on all things Star Wars. The winner of this year's Kahoot was Ethan Blackmore. Ethan was the proud recipient of his very own planet – MARS!



The CBCA 2024 Book of the Year short list has been announced. To see this year's winners please visit: <u>https://cbca.org.au/shortlist-2024</u> These books are available for loan via the SORA App.





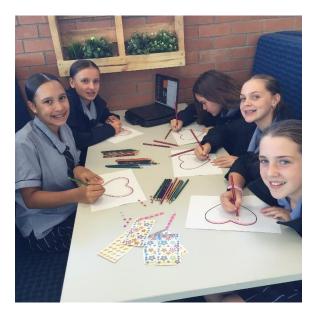
Our first book club meeting for the term also enjoyed a great discussion about the book Scarecrow Army: The Anzacs at Gallipoli. We look forward to a new story towards the end of the term.

Mrs Rosalind Dunn Teacher Librarian



St. Mary's Mother's Day Activity in the Library

On Wednesday 8th and Thursday 9th May we conducted a craft activity for all of our beautiful mums, nanas and grandmothers. Students from years 7 and 8, chose between a book of vouchers (free labour), which they weren't so keen on (2), a letter of thanks or a decorated love heart with a message. The students enjoyed themselves and created some masterpieces that we hope you all enjoy. Happy Mother's Day from Mrs. Laughton.









Egg

SANDWICHES \$2.00 Buttered \$2.50 Vegemite \$3.50 \$4.00 Egg & Lettuce \$3.50 Cheese \$4.00 Cheese & Tomato \$4.40 Ham \$5.00 Ham & Cheese \$5.50 Ham, Cheese, Pineapple Ham, Cheese, Tomato \$5.50 \$3.00 Tomato Salad Works \$5.00 Chicken \$5.00 Chicken/Ham/Turkey & Salad \$6.00 \$7.50 Gourmet Turkey/Ham Salad \$4.00 Tuna \$5.00 Salmon

ROLLS Add \$1.00

SALAD PACKS	
Vegetarian	\$4.00
Chick/Ham/Tuna/Turkey Salad	\$5.50
Gourmet Vegetarian	\$6.50
Gourmet Meat/Tuna	\$7.50
Chicken Caesar Salad	\$5.50
Greek Salad	\$6.50
WRAPS	
Chilli Chicken & Salad	\$7.00
1/2 Chilli Chicken Salad	\$4.00
Roasted Chicken & Salad	\$7.00
1/2 Chicken & Salad	\$4.00
Ham and Salad	\$7.00
Half Ham & Salad	\$4.00
Full Salad (no Half)	\$5.00
Chicken, Mayo & Lettuce	\$7.00
½ Chicken, Mayo & Lettuce	\$4.00
1/2 Chicken Caesar Wrap	\$5.00
HOT FOOD	
Pies	\$4.50
Pie Varieties	\$5.00
Sausage Roll	\$3.50
Cheese and Bacon Sausage Roll	\$4.00
Italian Roll	\$2.00
Party Pie	\$2.50
Spinach & Fetta Triangle	\$4.50
1/2 Chicken BBQ Wrap	\$3.00
Vegetarian Spring Rolls (4)	\$2.50
Chicken Goujons (8)	\$4.50
Potato Wedges	\$5.00
Dumplings Pork/Chick/Veg/Prawn	\$4.00

CANTEEN PRICE LIST 2024 EFFECTIVE MAY 2024



HOT FOOD continued

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Chicken Burgers -	
Crumbed/Flame Grilled	\$5.00
Chicken Schnitzel Burger	\$6.50
Hawaiian Schnitzel Burger	\$6.50
Caesar Schnitzel Burger	\$6.50
Crumbed Fish Burger	\$5.00
Cheeseburger (Beef)	\$5.00
Colossal Burger (Beef)	\$6.50
Chicken & Gravy Roll	\$4.50
Roast Beef & Gravy Roll	\$4.50
Hot Cheese/ Cheese Bacon Roll	\$3.00
Hot Dogs	\$2.50
Fish Fingers (4)	\$2.50
Cheesy Mac	\$4.50
Fried Rice	\$4.50
Bolognese Pasta	\$4.50
Butter Chicken & Rice (GF)	\$5.00
Pizza Roll	\$3.00
Potato Gems (10)	\$4.00
Chicken Nuggets (6)	\$5.00
Gluten Free Chicken Nuggets (6)	\$6.00
DRINKS	
600ml Water	\$2.00
750ml Water	\$2.80
Milk FM Flavoured Large	\$3.50
Milk FM Flavoured Small	\$2.50
300ml Real Iced Coffee	\$2.50
500ml Real Flavoured Milk	\$4.00
500ml Aloe Chill	\$3.00
Fruit Juice Varieties	\$3.00
250ml Glee	\$2.20
500ml Juice Bombs	\$3.50
Up n Go	\$2.50
Lipton Iced Tea	\$4.00
Poppers	\$1.50
Waterfords Mineral Water	\$3.50
Powerade	\$4.50

EFTPOS AVAILABLE (MINIMUM PURCHASE \$2.00) LUNCH/RECESS ORDERS MUST BE ORDERED BEFORE SCHOOL FROM THE CANTEEN or ONLINE WITH QKR! BEFORE 8.45am

WINTER SPECIALS	5 Terms 2+3
Meatball Sub	\$4.50
Soup (Homemade)	\$5.00
+ bread roll	\$6.00

SUMMER SPECIALS Terms 1+4 \$4.50 Large Fruit Salad \$3.50

Small Fruit Tub



WISHING ALL MOTHERS A HAPPY MOTHER'S DAY

MOTHER'S DAY

The gift of motherhood is expressed in the unconditional love of a mother for family members and her tireless labours for them. It is a love which comforts, nurtures, heals, uplifts and understands.

True motherhood exemplifies the unconditional love and self-effacing service, which is at the heart of all Christian communities.

May we ensure that our mothers and other significant mother figures are remembered and blessed with loving expressions of gratitude and thanks on Sunday 12 May and always.

CALENDAR – TERM 2 - Week 3 – (A Week)			
Mon 13 May	Year 7 King Tut Truck incursion		
Tues 14 May	U13 Knights Knockout		
	COGAT Testing		
Wed 15 May	Year 12 Visual Art excursion – Sydney Biennale TBC		
Thurs 16 May	U13 Boys Knights Knockout		
	Careers Expo		
Fri 17 May	Year 7 Formation Day		
	Year 12 PST Conference Bookings CLOSE		
Week 4 – (B Week)			
Mon 20 May	Year 12 PST Conferences – 3.30pm to 7pm – see information in this newsletter		
	Murrook Cultural excursion		
	Beginning of Catholic Schools Week		
Tues 21 May	Toronto Drug Court excursion		
	Extended Professional Development for Teachers – Students released at 2.40pm		
Wed 22 May	Inquisitive Minds incursion – Year 8		
Thurs 23 May	U15 Boys Knights Knockout		
	Newsletter 8.24 published		
Fri 24 May	Pupil Free Day - Staff Formation Day		
	Year 7 2025 enrolment period CLOSES		
Week 5 – (A Week)			
Mon 27 May	Year 9 Formation Day		
Wed 29 May	U14 & U16 Girls Rugby League		
Thurs 30 May	Oztag – NSW Championships		
Fri 31 May	College Leader Morning Tea with local MP		
Week 6 – (B Week)			
Tues 4 June	Landcare		
	Extended Professional Development for Teachers – Students released at 2.40pm		
Wed 5 June	Year 8 RE Literacy Test		
Thurs 6 June	McBeth incursion		
Fri 7 June	Year 7 Reptile Show		
	Newsletter 9.24 published		
Week 7 – (A Week)			
Mon 10 June	Pupil Free Day - Public Holiday – King's Birthday		
Tues 11 June	Year 10 (Year 11 2025) Subject Selection Evening 6pm		
Wed 12 June	Year 7 immunisations		
Fri 14 June	Year 12 Geography excursion		
Week 8 - (B Week)			
Wed 19 June	Knights Knockout Boys Grand Final		
	U13, U14, U15, U18		
Fri 21 June	Newsletter 10.24 published		
Week 9 - (A Week)			
Wed 26 June	U14 & U16 Girls Rugby League Catholic Championships		
Week 10 - (B Week)			
Mon 1 July	Acceptance of Offer of Enrolment 2025 and deposit due to St Mary's		
Tues 2 July	U14 & U16 Girls Rugby League All Schools		
Wed 3 July	Solar Buddy Light incursion		
Thurs 4 July	Aboriginal Community Netball Day		
Fri 5 July	Newsletter 11.24 published		

A Request for Assistance

VINNIES WINTER APPEAL 2024

Good quality, pre-loved, blankets, bedding, towels, beanies, and socks are desperately needed.

Please donate any items to Reception – thank you!